

Year of the Horse: Healthy & Happy

February marks the arrival of Lunar New Year as we welcome the Year of the Horse, a symbol of vitality, strength, and forward momentum.

Traditionally, this season is a time for renewal, good fortune, and spending meaningful time with loved ones.

As we celebrate together at Clover Living, we encourage everyone to enjoy the festive spirit, stay connected, and take part in activities that support both body and mind, all at a comfortable and enjoyable pace.

SPOTLIGHTS

1. LUNAR NEW YEAR CELEBRATION
2. THERAPEUTIC RECREATION AWARENESS MONTH
3. COMPANION CARE & HOME CARE SERVICES
4. NEW MURAL
5. FESTIVE ACTIVITIES

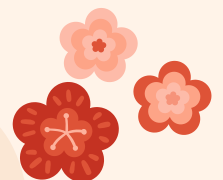
UPCOMING ACTIVITIES:

- Feb 4 - Fire Drill
- Feb 6 - *New Resident Greet & Meet*
- Feb 10 - *Shopping & Movie at Chinook*
- Feb 11 - *CCAC Fellowship Visit*
- Feb 17 - *God of Money Greetings*
- Feb 18 - *Lion Dance*
- Feb 19 - *Blessings in Dialects*
- Feb 20 - *Lion Dance & LNY Classic Songs*
- Feb 22 - *LNY Music Recital*
- Feb 23 - *Lunar New Year Show*
- Feb 26 - *Residents Networking Event*
- Feb 27 - *Movie: Lost in Hong Kong*

This February, join us for the following special activities:

- **February 13:** Year of the Horse Lunar New Year Night Market
- **February 22:** Heart Health Awareness Month – Heart Health Talk

May the Lunar New Year bring you
good health, happiness, and prosperity.



Therapeutic Recreation Month

Therapeutic recreation focuses on **gentle, enjoyable activities** that support **overall well-being**. Staying active, social, and engaged, at a comfortable pace, can help **improve mood, reduce loneliness**, and bring a **sense of fulfillment** to each day.

Resident Profile Interview

Keenie and May will be connecting with residents through relaxed one-on-one chats to learn more about your interests and preferences. These conversations help us plan activities that are enjoyable and meaningful for you. If you haven't had your chat yet, they'll be reaching out over the coming months.



Home Care & Companion Care Services

As needs change with age, extra support is available. Government-funded home care can help with daily tasks such as medication support, bathing, or dressing.

For occasional assistance or companionship, our Companion Care service is also available. For details or inquiries, please contact Keenie or May.

Welcome our New Companion Aid - Avis!

Hello everyone! I'm Avis, your new Companion Aide, and I'm so happy to be joining the Clover Living family. I'm looking forward to spending time together, sharing smiles, and lending a helping hand whenever you need one.

Please feel free to say hello when you see me – I can't wait to meet you all!



New Mural

Big thanks to Yiting Creatives for creating this beautiful & lively mural.



To carry on the Lunar New Year spirit,
we are pleased to present festive activities.

Lunar New Year Night Market

Date: February 13 (Fri)

Time: 6:15 PM

Venu: M/F &
3/F dining room

Lion Dance

Date: February 18 & 20
(Wed & Fri)

Time: 2:30 PM

Venu: 3/F dining room

God of Money Greetings

Date: February 17 (Tue)

Time: Noon

Dragon Dance

Date: March 1 (Sun)

Time: 2:15 PM



Loong , Susan, Agnes, Mimi,
Jane, Mr. Hu, Mr Zhang,
Mrs. Lee, Mr. Cheung,
Ms. Wang, Mrs. Cheung,
Mrs. Yee,

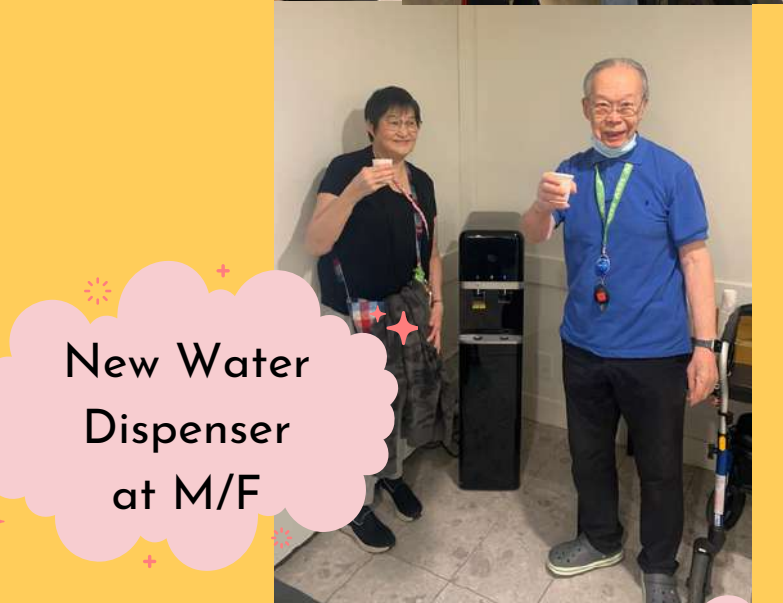




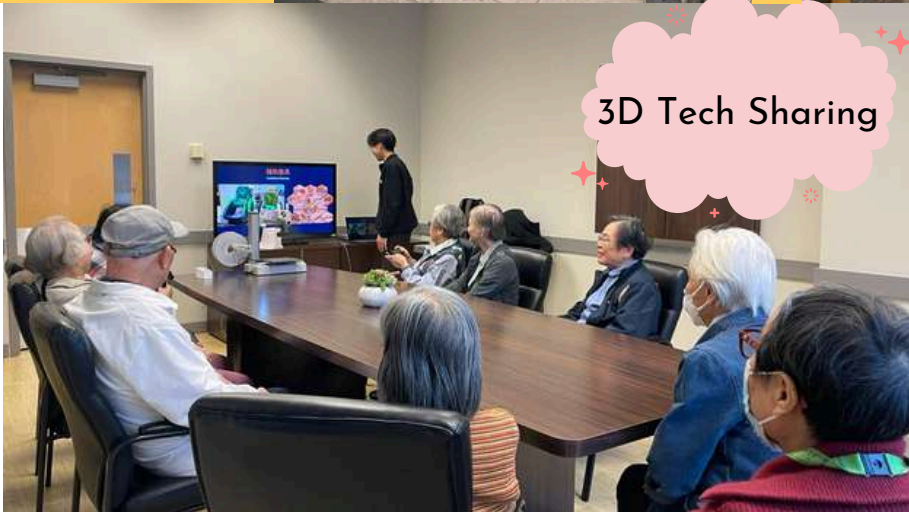
Pedal Fun Race



Spot the Difference



New Water Dispenser at M/F



3D Tech Sharing

