

NEWSLETTER

FEELING BLESSED

As tulips begin to poke their heads through the soil, and stretch towards the sun, this is a true sign that Spring is around the corner. Days are growing longer, and soon we will feel the warmth of the sun on our face. The paths will soon be full of strollers, bikes and roller blades, so be careful when venturing out for some warm fresh air.

We all must strive to find happiness, even after going through the past two years with this pandemic, and now watching the horrors of War in the Ukraine, we must remember not to take life and our happiness for granted. Finding happiness in small things can make us feel blessed. A tidy and organized home or a simple smile from a passers-by, or a warm greeting from relatives, friends or even our staff ... all can make us feel joy and happiness.

Together let's find happiness this spring and be thankful for the blessings in our lives. It will fill your heart with peace.



RESIDENT & FAMILY COUNCIL HELD AS SCHEDULED

The Resident & Family Council of Clover Living was successfully held as scheduled on March 14. We were happy to have Jennifer join us, and due to the pandemic, the meeting was carried out both in-person and on-line.

This meeting focused on several hot topics, including the latest pandemic prevention measures, the annual resident support & food survey, fire drills, companionship services and the newly re-opened convenience store. One of the council members, Amy Ng will now serve as Council Chair.

MR. JEN HAPPY BIRTHDAY



We were excited to celebrate Mr. Jen's 100th birthday on March 21st. Clover Living organized a grand surprise party for him, and we managed to pick up Mrs. Jen from her care center as a surprise. Having loved ones around to celebrate is so important. Councilor Terry Wong and radio personality Terry Chan, from Chinese Radio 94.7 also came by to celebrate. Some old friends also showed up to surprise Mr. Jen. An unforgettable birthday indeed, full of many happy blessings.

EARTH DAY

Fundraising

In order to support Earth Day on April 23, Clover Living is planning to launch a fundraising event amongst the residents' family members. We will team up to join the 'Climb & Run for Wilderness' by Alberta Wilderness Association and attempt to climb 975 stairs in total. For every donation benchmark, we will send one of our staff to participate in this event. The resident's family members and friends are welcome to join! Anthony and Stella promised to take part in this event, once the donation exceeds \$600 and \$1000.

Your support is very meaningful for us and for the Earth. The wonderful moments of this event will be made into a video and shared with you at later date.

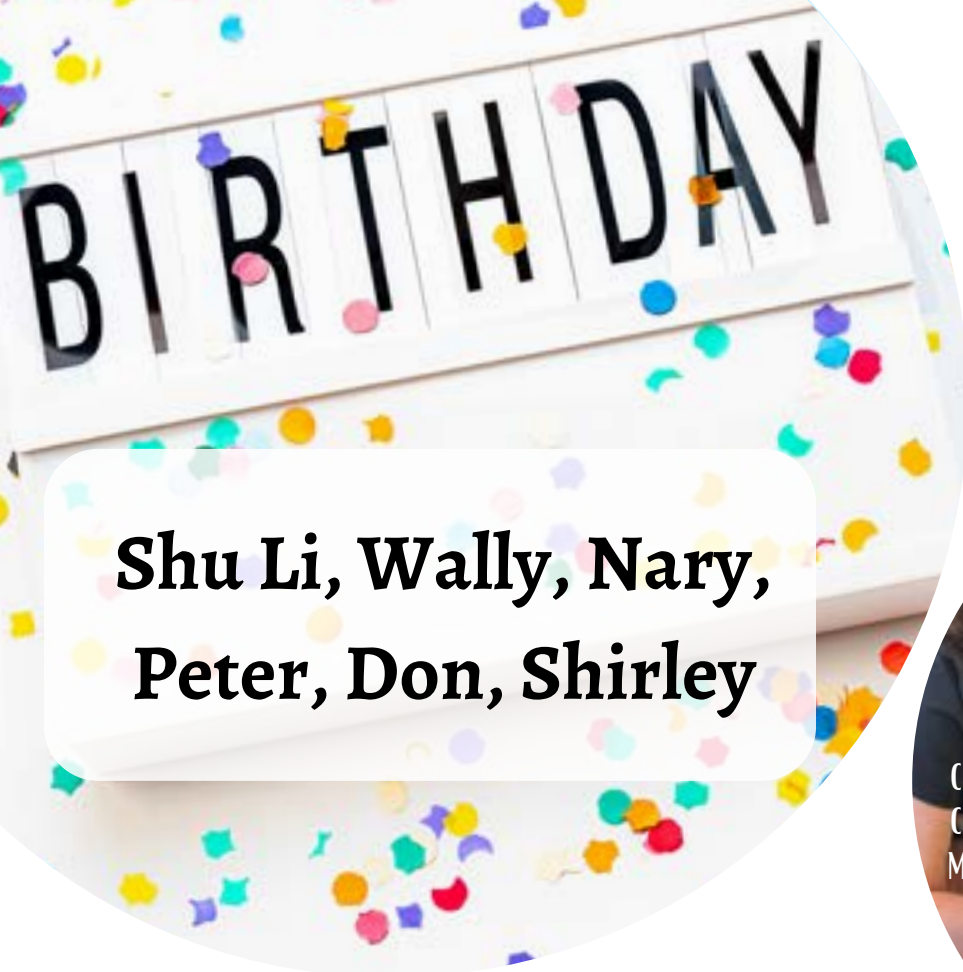
Leave a better planet earth for the next generation

MICHELANGELO'S EXHIBITION

Michelangelo's representative work, one of the three masters of the Renaissance, the ceiling mural of the Sistine Chapel is now on display at the BMO Convention and Exhibition Center in Calgary.

Date: April 7
Cost: Admission \$20
+ Shared Transportation Cost





**Shu Li, Wally, Nary,
Peter, Don, Shirley**



PIANO DAY CONCERT



**CLOVER
COOKIE
MAKING**



CHEONGSAN & TALENT SHOW



**FREE CHINESE
MEDICAL CLINIC**



**CLOVER COOKIE
MAKING**

ST. PATRICK'S DAY



POTATO CHIP DAY



ORAL HEALTH TALK

