NITS NITTION OF NEWSLETTER VOL. 44

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Every dark cloud has a silver lining, even with our current COVID-19 situation, which has severely affected the world. People become more conscious and sceptical about being infected. In general, we have become more cautious and disciplined by continuously wearing masks, washing our hands very frequently, and maintaining social distancing to reduce the spread of the virus.

We look after each other because mutual support is the best weapon against this pandemic. Mutual respect and support, during these two years makes this Christmas particularly meaningful: the pandemic is still raging, but we fought hard and will to fight together. Even if the pandemic has deterred us from seeing our loved ones, our hearts are still connected to each other, now and forever.

As the New Year is coming, let us connect our hearts, and pray together: May the New Year bring you happiness, peace and harmony.

May your days be

# **MERRY** & BRIGHT



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# FLASHBACK

### Always Remember - National Memorial Day

National Memorial Day evoked nostalgia of the soldiers and civilians who died in a number of global wars, and also the unforgettable memories of the residents in Clover Living who experienced and have been touched by war. Wishing an end to all wars, and instead everlasting peace and harmony throughout the world.

#### RISE FROM THE ASHES - INTERVIEWEE MR. JEN

During the years of the Japanese War, Mr. Jen, who was born in Daming County, Hebei, had just finished primary school. The family decided to let him follow the government-organized student brigade to go south by train or on foot. Staying in rural ancestral halls, bathing in the river, eating Wowotou (steamed cornbread), the Jen Family finally settled in Anshun, Guizhou. He went to secondary school and was admitted to the Huangpu Military Academy (Chengdu) three years later. After graduating in 1945, he was sent to the northeast as a transport force and was responsible for military supplies. During the civil war period between the Kuomintang and the Communist Party, the National Army retreated from Beijing, Shanghai, Guangzhou, and Kaohsiung, and was finally blocked by the Eighth Route Army in Haikou. Mr. Jen was on this battlefield for the first and only time. The fierce battle lasted for 3 days and 3 nights. Corpses were everywhere. Mr. Jen crawled over the corpses of others to escape. After hiding for 3 months, he finally fled to Hong Kong.



THANK YOU FOR SHARING YOUR STORY WITH US MR. JEN

## WELCOME

# new team members

Please join us in welcoming My and Tom.
My has been working in our Dining Room
and Tom will be supporting our Maintenance
Department as our part-time team members.
We are so happy to have them join us and
work together to achieve our enhanced level of
care and compassion towards our Residents





#### Wellness Services Information

Cindy Wang: 403-383-6839.
Registered foot care nurse, Mandarin-speaking, \$35/service (feet only), \$40 (including fingers), provide on-site service if there are multiple appointments.

Kelly Wan: 403-277-3328. Registered masseuse, Cantonese speaking, \$75/service.

**Home Instead:**403-910-9433. \$64/service.

Associate Foot Specialist: 403-228-3668, first consultation \$75/service, \$50/service for next appointment.

Clover Living can help to book and arrange on-site services, however we cannot guarantee the quality of service provided by these independent providers.

We welcome your feedback after the services and we are happy to share it with them..

### CHRISTMAS SHOPPING

How can we not have a Christmas shopping trip?

Date: December 9 Time:1:00 pm

Location: CrossIron mills &

The Best Shop

We will be organizing fully vaccinated volunteers to accompany us on this wonderful outing.

#### OTHER ACTIVITES

Our carollers will be at Clover Living on December 22nd, during Afternoon Tea, lets sing along safely, with our masks in place.

### GIFTING POLICY

During the year, especially this time of the year, as we draw closer to Christmas, Residents ask if they can give gifts or gratuities to staff and we would like to again remind our Residents, that Clover Living staff cannot accept cash gifts, donations or any gratuities from residents. They may accept modest perishable gifts that are infrequent and not excessive in value to be shared amongst all staff.

# Large daily necessities purchasing

Volunteers can help purchase large daily necessities such as toilet paper and laundry detergent. For details, please consult May for registration.

## CHRISTMAS DINNER

Clover Living will be hosting our Annual Christmas Dinner for all of our Residents in the dining room on December 23rd. Given that the pandemic is far from over, we will not be inviting family members this year.

Independent residents are also invited, however, due to various regulations related to the pandemic, there will be limited space available.

Christmas dinner will begin at 5.00 pm. We will have a live band and a few surprises from Santa

If you have plans on that night, please advise May or Anthony in advance, so we will be able to organize seating accordingly. Seating arrangements will be different from previous years, as we will be combining both seatings into one. If you have any preference, with whom you would like to sit, please advise May or Anthony before December 15th and if you have plans that evening, let us know as well.

Please come in your best outfit to celebrate this fabulous evening together!

tis the season to be jolly.....



Ada Yiu Tam Tung Moy Bill

Herman Lana Allan Chuck

Kwong Wing Jin Duo Wai Yung

Anh Tan Betty

# Snapshot









