

Issue 67 December 2023



Christmas Day is a festive occasion traditionally associated with the birth of Jesus Christ. Over time, it has evolved into a joyous and inclusive celebration appreciated by people from various backgrounds. The season is characterized by the warmth of gift-giving, shared laughter during festive meals, and the delightful exchange of holiday cards. We want to wish everyone of you have a wonderful Christmas and a great time with your family and friends!

## 5 Ways to Celebrate Christmas

- Decorate your home with festive decorations, including a Christmas tree, lights, ornaments, and wreaths.
- Exchange gifts with families and friends.
- Share a festive meal of roast turkey, ham, or other traditional dishes.
- · Watch a holiday movies.
- Make a donation to charity duing the holiday season.



## **Spotlight**

- 1. Laundry Reminder
- 2. Staycation
- 3. Dental Hygiene
- 4. Will Talk

## Clover Living Programs

- December 11th (Monday)
   Christmas Caroling
- December 14th (Thursday)Christmas Shopping
- 3) December 22nd (Friday)
  Annual Christmas Dinner

# Communication is key to a healthy relationship with your friends and families.

The core element of communication is "Showing Respect".

- 1. It all starts with self-respect Prioritize proper nutrition, exercise, and rest for optimal well-being.
- 2. Being Polite Creating positive social interactions and building strong relationships.
- 3. Listening Respect others by actively listening to what they have to say.
- 4. Supporting Show you care and that no one faces challenges alone.
- 5. Showing Kindness Build positivity in relationships through consistent acts of kindness.

#### Laundry Room Reminder

- No shoes or rugs in the machine
- Fill halfway for effectiveness
- Check pockets before washing
- Clean the machine afterward





**NEW:** Please sign in before using the laundry machines. Your cooperation ensures a pleasant experience for all. Thank you!

#### **Staycation**

Experience life at Clover Living with our \$2599/month staycation offer!

(Offer includes: Newly innovated unit with furniture;

3 meals per day; Weekly housekeeping cleaning and linen change; daily wellness programs and 24/7 front desk service. Offer expired by the end of March 2024:)





#### Christmas Shopping - December 14 (Thursday)

Join us for a festive outing to **the Core** to find wonderful gifts for your family, friends, and neighbors. Immerse yourself in the Christmas atmosphere, and explore the delights of **Devonian Garden**.



## Annual Christmas Dinner - December 22 (Friday)

Let's dress up and enjoy the most festive meal of the year together!

#### Birthday stars of the month!

Let's say Happy Birthday to: Herman, Lana, Tung Hang, Anh, Betty, Mun Yin, Ada, Lai King, Jin Duo, Sun Bill, Xiu Hua, Mee Lai, Don and Wai Yung



#### Dental Hygiene - December 15 (Friday)



Arches Dental is excited to partner with Clover Living to offer on-site dental hygiene services for our seniors. If you're interested, please inquire with May for more details or register at the front desk.

### Will Talk - December 12 (Tuesday)

How do I create a legal will? What's the distinction between having a will and not having one? Do I really need a will? Let a professional lawyer provide expert answers to these questions.



