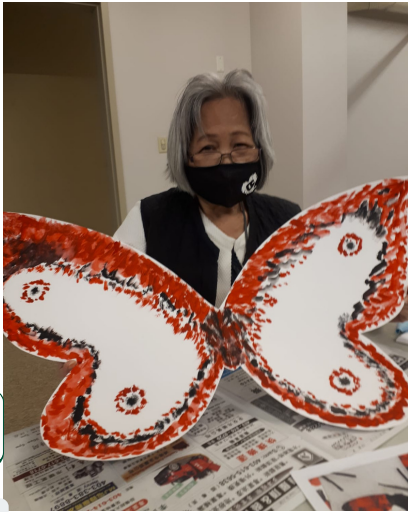
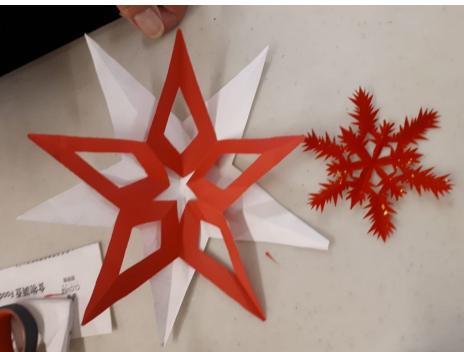
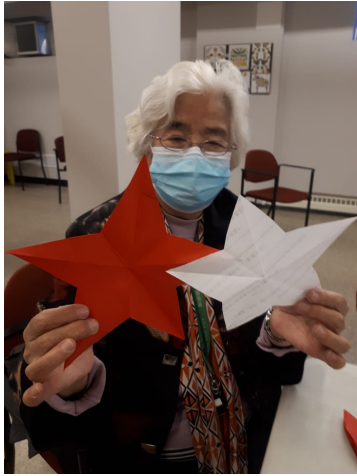


Art Class



Mahjong Race



Field Trip

Introduction of New Colleague

Emotional Talk



Hello, I'm Winnie who is a new receptionist. Nice to meet you all!



I'm Xiao came from KaiPing. I really enjoy serving our residents.

Merry Christmas

CLOVER LIVING

NEWSLETTER

ISSUE 56 • DECEMBER 22

The holiday season is such a magical time of year, however often it can lead to people feeling overwhelmed with so many "Christmas-to-do-lists". It really is hard to believe that another year has passed by so quickly.

We do have a lot to be grateful for, and we sometimes forget what we've been blessed with throughout the year. We have grown accustomed to blame the "Pandemic" for so many challenges in our lives, why not start living our "normal lives" again and put that nasty pandemic in our rear-view mirror.

We believe retirement living should be inspired and inspiring. We strive to inspire our residents and support all aspects of their mind, body, and spirit to achieve better health and well-being. We offer multiple levels of service, as everyone is unique in their own way and deserve to live their life to the fullest. Why don't we take this time of the year as an opportunity to reevaluate our expectations, our hopes, and our dreams.

Clover Living is comprised of a collaborative and diverse team of individuals who are committed to making a difference in the lives of each other. These individuals also include our valuable and dedicated Volunteers, our Homecare aids from Bayshore, the local Community in and around Chinatown, as well our supportive Trico Corporate Office. Without each one of them, we are not able to make your day so Merry + Bright! Wishing everyone a magical Christmas, from our family to yours!

Stella

Flu & Covid Winter Guideline

As Flu season is around the corner, Clover Living has updated the following guidelines:

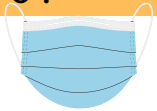
- 1 COVID positive residents will be isolated at home for five days, followed by in suite dining for five more days;
- 2 Residents with any symptoms will be quarantined at home for three days and until symptoms subside;
- 3 We continue to strongly recommend wearing masks and washing hands often, this will keep us all safe.

Companionship

Companionship is a fee-based service that residents can have one-on-one Care Service, such as going on walks or playing games. Companionship staff can also offer light Housekeeping or accompany Residents to attend Medical appointments, or act as a translator for AHS on-site assessments. Below are some comments from residents who had benefited from this wonderful service:

"Companionship has brought us more security and less worry. Lea even builds up a friendship with mom, which is very sweet." Ms. C

"Companionship has helped me realizing a dream of moving to another unit without relying on my families at all."
Mrs. Chan



Mah-jong Guideline

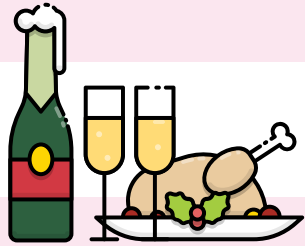
Mah-jong can bring out a lot of health benefits such as improving hand-eye coordination, improving concentration and pattern recognition, decreasing possibility of depression. Mah-jong entertainment is available at the Conference room! Anyone interested could form their own group and book at the Front Desk or with May. Conference room won't be open during "X" periods below when there is a booking or event.

Time\Date	Mon	Tue	Wed	Thur	Fri	Sat	Sun
1:30-2:30		X		X			X
3:00-4:30						X	
6:00-7:30							



Christmas Dinner

Our long-awaited Christmas Dinner is coming! Besides music and dance performances, there will be Chinese Poem Readings and Lucky Draw!
Date: Dec 23



Christmas Photo Shoot

Calgary Photographic Art Society will set up a studio in our basement and will offer photo shooting services at this Festival Residents, and their Family and Friends!
Date: Dec 6



HAPPY BIRTHDAY
Herman , Ada, Mrs Feng, Mr Ma, Mrs Leung, Mrs Lee, Uncle Bill, Ms Lo, Mrs Chan, Mrs Chou, Mrs Lee, Mrs Fong, Mr Ho, Mrs Fong, Mr Wong

Christmas Concert

The well-known classical singer Herbert and Manager Mr. Lee will present a joint concert of popular golden Cantonpop songs.
Date: Dec 21



Christmas Caroling

THE WCCAC CARMEL FELLOWSHIP will bring us Christmas hymns, the Gospel of peace, games and prizes!
Date: Dec 12

