



CLOVER  
LIVING  
BY TRICO LIVINGWELL

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# Newsletter

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Issue 91

As December arrives, we're excited to welcome the season together. The lights, music, and simple traditions around us remind us how special it is to be part of the Clover community. It's the little moments, warm smiles, shared stories, and time together that make Clover feel like home. We're looking forward to a month filled with connection, comfort, and holiday joy. Wishing you and your families a season full of peace and warmth.

## Spotlights

1. HOLIDAY MUSIC THAT BRINGS JOY AND MEMORIES

2. STAYING WARM AND COMFORTABLE THIS WINTER

3. FESTIVE EVENTS ALL MONTH LONG

## UPCOMING CHRISTMAS ACTIVITIES:

- Dec 5 - *Nutcracker & YMCA Tour*
- Dec 15 - *Dinner + Christmas Light Tour*
- Dec 21 - *CCPC Caroling*
- Dec 22 - *Christmas Bingo*
- Dec 23 - *Christmas Games*
- Dec 24 - *Christmas Lunch & Performance*
- Dec 24 - *Birthday Celebration*
- Dec 30 - *Christmas Drama*
- Dec 31 - *CCAC Cantonese Gospel Opera*

This December, join us for two new activities:

- **Zentangle Group** on Mondays—a relaxing way to draw and unwind
- **Free Zumba classes all month**—great for movement, energy, and fun

We hope these programs bring joy and connection to your holiday season.





# Holiday Music That Warms the Heart and Mind

At Clover Living, we cherish how music brings people together—especially during the holiday season. From cheerful performances to heartfelt karaoke sessions, music has a special way of lifting spirits and brightening our days.

## Why Music Matters

Music activates parts of the brain connected to memory, emotion, and movement. Familiar holiday songs can spark warm memories, reduce stress, and create meaningful moments for our seniors. We're grateful to share these experiences with you this December.



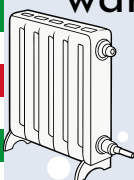
## Friendly Reminder: Keeping Warm During Winter



As the weather gets colder, we encourage everyone to keep their windows closed to help your suite stay warm and comfortable. A cozy room can lower the chance of catching a cold and help you stay healthy during winter.

If you still feel chilly after closing the windows, you're welcome to borrow a portable heater from us for short-term use. For longer-term heating, we kindly suggest using your own equipment.

Thank you for your understanding. Wishing everyone a safe, warm, and comfortable winter season.





## A Fresh New Look at the Lobby

Our lobby has a brand-new, brighter, and more spacious look—just in time for the holidays! The Christmas decorations are up, and the whole area feels warm and festive.

We'd love for you and your family to stop by, enjoy the cozy holiday atmosphere, and snap a few photos to capture the memories. Come celebrate the season with us!

### December 5: Classic Christmas Songs

Time: 3:00 PM

Location: Chapel



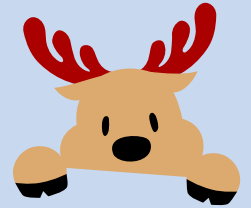
Sing along softly or belt out your favourite carols—everyone is welcome to join the fun!



### December 15: Christmas Dinner & Bus Lights Tour

Time: 5:00 PM

Location: Lucky, Airdrie and Confederation Park



Enjoy a warm Christmas dinner, followed by a festive bus tour to see sparkling lights around the city.



### December 24: Christmas Lunch & Performance

Time: Noon | Location: Dining Room

We look forward to celebrating Christmas Eve together! After lunch, Serena and Karson will share a joyful musical performance. To ensure everyone can enjoy the event comfortably, we will continue with our regular two seatings.



# HAPPY BIRTHDAY

Mrs Fung, Ada, Mrs Mo, Mrs Ng, Mr Lin,  
Mr He, Ms Ni, Mrs Fong, Mrs Chan





**Origami Vase Craft**



**Cathy and students Music Performance**

**Chinese Oldies live show by Wai Kwan Manor Performing Art Troupe**



**Ping-pong games**