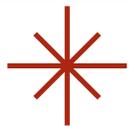


NEWSLETTER

CLOVER LIVING

ISSUE 45 • JANUARY 2022

**HAPPY NEW YEAR**

Happy New Year!

These words have never meant so much as they do this year. We are hopeful you will find a safe and creative way to connect with your family and friends, and enjoy some kind and lovely times together over the holidays.

On behalf of all of us at Clover Living, I want to extend my sincere gratitude to our Residents and their families and friends in supporting us during the holiday season, by remaining physically distant, and for following the provincial and local health protocols; our Staff and Residents appreciate that you placed your health, as well as that of our Residents, before all else.

I'd also like to give a special shout-out to our staff who worked during the holidays, their dedication and passion towards our community is admirable, as they sacrificed time with their own families and loved ones to make this season special for our Residents. From the bottom of my heart, thank you for everything you do and for your unyielding dedication to our collective mission of LOVE LIVING. As I reflect on the past year, I'm so appreciative and proud of our team, as they help protect our residents, their families, and each other.

I hope that 2022 will be a better year for all of us. Let's focus on our families, friends and loved ones with a renewed appreciation for what matters most, living with love in our hearts.


Stella
Director of Operations

Enhanced Protocols

With the increased number of COVID cases, please note that Clover Living have distributed a list of enhanced protocols to keep our Residents, Staff and Families safe. If you did not receive this list, please let us know.

STOP

As a gentle reminder, we recommend only essential outings at this stage. Please continue to practice regular hand hygiene, continue masking with 3-ply surgical masks and should you feel unwell or present with any COVID symptoms, please stay in your suite.

Being Creative



You may think the elderly are no longer enthusiastic about creation, however with one little spark, their creativity can be reignited.

In November, the Chinese Community Center organized a unique Candy Art competition with the theme "SMILE". With the assistance of our volunteer Clara, residents created and handed in two pieces of art: "Christmas Tree" and a "Smiling Santa Claus". The texture, the colour and the combination of candies were excellent! In the end, both pieces of art won rankings in the seniors group.



BC Recovery Drive

The relentless rain across BC has resulted in a "state of emergency" for our neighbours to the west.



As a caring neighbour, we needed to support, thus Clover Living launched a fundraising drive. Volunteers Mrs. Liang, Mrs. Ling and the Clover Living's knitting team donated a large number of knitted hats and scarves towards this drive.

The residents even donated generously and raised thousands of dollars in support. All donations received will go to the Red Cross, in support of BC's post-disaster reconstruction project.





PERSONAL TRAINER

Are you looking to set some New Year resolutions? Perhaps a fee based Preventive Health + Wellness in your own suite? Anthony is an amazing Kinesiologist, he is able to curate exercise related practices as medicine for our Residents. Chat with Anthony !

COMPANIONSHIP SERVICE

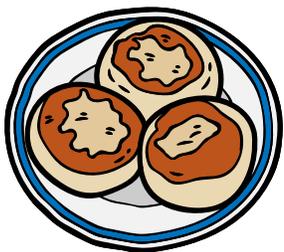
Clover Living continues to offer a fee-based Companionship Service. Some of the many services include accompanying our Residents on Doctor Visits, Shopping Trips, Walks, Exercise routines, Intellectual and Emotional Wellness. Please contact Anthony or Stella for more information.

LIGHT BULB REPLACEMENT



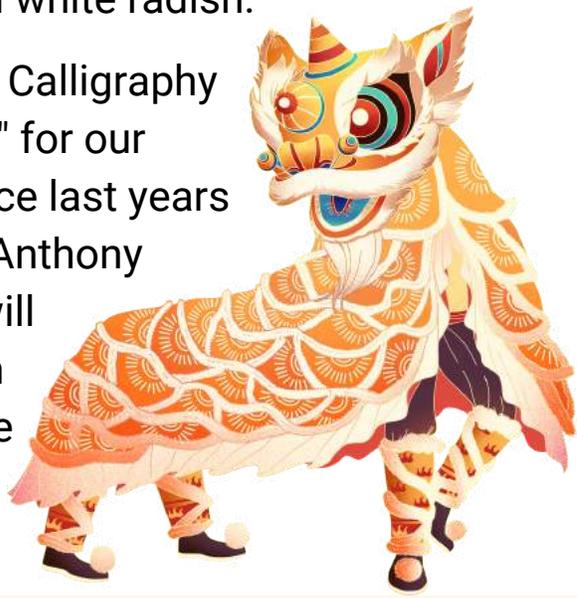
\$6 each
Effective from 1 Jan, 2022.
Please make an appointment with Front Desk.

Clover Living will organize a Lunar New Year Fair to celebrate Chinese New Year with residents on January 28 at 6:30 pm, strict hygiene practices will be in place to ensure the safety of our resident and staff.



We will be featuring traditional New Year snacks! Our chef will showcase his talents and reproduce some of the classic treats such as fish eggs, faux shark fin soup, fried dumplings, pig blood curd with white radish.

We will also invite Chinese Calligraphy Masters to write "Fai Chun" for our residents so you can replace last years message with a new one. Anthony and other special guests will be serenading and you can sing along to your favourite songs.



COMMON AREA + DINING ROOM ETIQUETTE

Can we politely remind all of our Residents to be mindful when in the common area and dining room. If we have our old habits such as spitting food or emptying rinsed cutlery water onto the floor, please respect your fellow Residents and our Staff and discontinue such practices. Also when you have to clear your throat, kindly cover your mouth with a napkin or tissue out of respect of your fellow Residents and our Staff around you.



Happy Birthday

BONNIE, MUI SY, PHILIP, MARK,
JERRY CHUA, KIN LAN

