

CLOVER LIVING

NEWSLETTER

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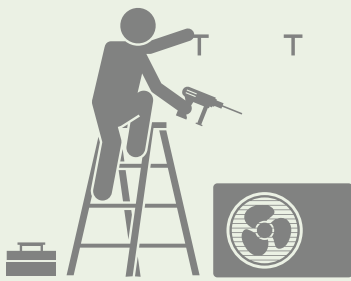
Naturopathy

Summer in Calgary is the best time of the year to practice Naturopathy! You can enjoy the outdoor with some fresh air, exercise regularly under the sun, have natural and nutritional food and don't forget to get some quality sleep. May be drop in for a meditation or deep breathing relaxation class, such that you can let go of the burden in your life and fill it with positive energy.

We would like to invite you all to join us for a fundraising walk for Wing Kei on Jun 7 or 8 (depends on weather) Try one of our urban poling sessions, which can engage your arms and core at the same time and learn how to walk more efficiently and stably.

Let's explore and enjoy this summer and nature together!





Installation Fee

Additional installation and assembling service is available for installing air conditioner, washing machine, or bed rail etc. Hourly rate is \$55 /hr (NOT incl parts).



TVB Anywhere

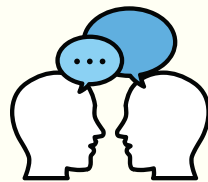
Hong Kong TVB has already entered the North American market, offering hundreds of programs like news, soap series and entertainment shows. Residents interested must have wi-fi or data to access it. Clover Living could download and install the apps for residents for \$30.



Meal time!

The newly renovated dining hall has been open since Apr 29 and well-received from all residents for its elegant style and extra sunlight.

A 10 min, break was introduced between rounds of seating for extra cleaning and disinfection.



Appointment with Anthony

As a Life Enrichment manager, Anthony always wants to meet and chat with residents and families! You can book an appointment with Anthony between 3 pm to 3:45 pm every Mon, Wed and Fri.




Fundraising Walk for Wingkei



There are 3 routes for this walk:
Goal 1: Prince Island
Goal 2: Peace Bridge
Goal 3: Peace Bridge loop

In order to support Wing Kei, Clover Living has organized a fundraising walk on Jun 7 /8. Final date might vary depending on the weather.



We encourage residents and families to join this FUN walk, or sponsor residents to reach their goals in this meaningful event.



Translation Service

Companionship service has been well acknowledged after it rolled out since Jan 2022. Among all services, walking companion and doctor visits were the most popular one. . Recently we added the Translation service as we see there is a need for translation service during AHS HomeCare annual assessment. Please contact Anthony for more enquiry.

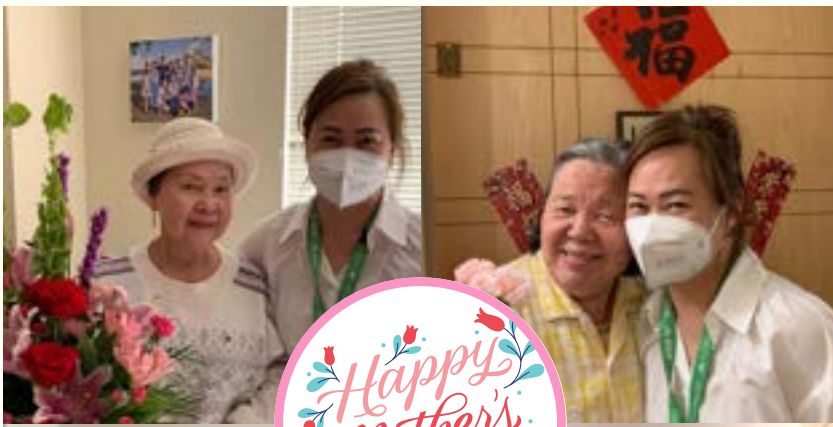
Scavenger Hunt on Wheels



Seniors enjoy scavenger hunt especially when they could hunt on wheels! Stay tuned for more details for this exciting event on June 14!

May

TERRARIUM WORKSHOP



HAPPY DRAGON BOAT DAY



HAMBURGER DAY



HAPPY Birthday